

Blueberry Muffins



Ingredients

1-1/2 cups flour

1/2 cup sugar

2 teaspoons baking powder

1/2 teaspoon salt

1 egg

1/2 cup milk

1/4 cup shortening, melted (do not use butter)

1 cup fresh blueberries (frozen can be used)

Preparation

Sift dry ingredients, then moisten with the combined egg, milk, and shortening. Stir enough to thoroughly blend; then fold in blueberries being careful not to burst berries. Bake in well – greased muffin tins in a 400F/200C degree oven for 20 to 25 minutes. Cooking times may vary depending on ovens. Mine usually takes less time than this.

*I never get a full dozen out of this recipe. Therefore, I always make a double batch when I make these. Enjoy!

Recipe Source: Serving Up Southern