

Cottage Cheese and Egg Muffins with Ham and Cheddar Cheese



Prep Time: 5 minutes **Cook Time:** 25 minutes **Total Time:** 30 minutes **Servings:** 6(2 muffin servings)

Soft, light and moist cottage cheese and egg muffins with ham and cheddar cheese.

ingredients

- 1 cup cottage cheese
- 4 eggs, lightly beaten
- 1 cup flour
- 1 teaspoon baking powder
- 1/4 teaspoon salt
- 4 ounces ham, diced
- 1/2 cup cheddar cheese, shredded
- 2 green onions, sliced

directions

1. Mix the cottage cheese, eggs, flour, baking powder and salt followed by the ham, cheddar cheese and green onions, pour into a greased 12 muffin pan and bake in a

preheated 400F/200C oven until golden brown and a toothpick poked into the centre comes out clean, about 25-30 minutes.